



RSV FACTS:

WHAT YOUR PREGNANT PATIENTS NEED TO KNOW.

Your pregnant patients look to you as a trusted source of information. As their pregnancy progresses, it's important to discuss respiratory diseases like respiratory syncytial virus (RSV).

START THE CONVERSATION ABOUT HOW SERIOUS RSV CAN BE FOR INFANTS.



RSV IS A COMMON, HIGHLY CONTAGIOUS RESPIRATORY VIRUS THAT SHOULD NOT BE UNDERESTIMATED^{1,2}:



It's the leading cause of bronchiolitis in infants, and **may result in respiratory failure and even death.**^{1,3,4}



Symptoms often range **from mild to moderate** and can become **more severe** in just a few days.¹



RSV season usually runs from November to May and **causes annual outbreaks.**^{5,6}

INFANTS ARE AT HIGH RISK OF SERIOUS COMPLICATIONS, INCLUDING HOSPITALIZATION AND EVEN DEATH^{1,5}:



RSV is the leading cause of **infant hospitalization** in the US.⁷ There are **~80,000 RSV-associated infant hospitalizations** each year in the US.^{8*}



75%-80% of infants hospitalized due to RSV were hospitalized **during the first 6 months of life.**^{9†}



The highest rates of **hospitalization due to RSV** are seen in infants **younger than 3 months**, with the peak occurring between 1 and 2 months.^{4,10‡}

*These data come from a meta-analysis where a rate per 1000 was applied to the 2020 birth cohort of 4.1 million infants younger than 1 year.⁸

†Based on an analysis of 3 studies conducted in the US between 2012 and 2017.

‡Data from CDC RSV surveillance for infants 0-11 months (unpublished data, 2016-2022).



AS PREGNANCY PROGRESSES, HELP YOUR PATIENTS UNDERSTAND WHAT THEY CAN DO TO HELP PROTECT AGAINST RSV.



Encourage healthy habits. Discuss how to embrace healthy choices that can help their pregnancy.



Share hygiene tips. Washing hands, limiting exposure to sick people, and disinfecting surfaces all help to stop the transmission of RSV.¹



Discuss how infants have a window of vulnerability shortly after birth when they are less capable of defending against disease.¹¹



Help prevent RSV. Consider all options, including vaccination, and discuss with appropriate patients.



LEARN ABOUT AN **RSV VACCINE OPTION.**

References:

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